

Direct Admission to CaroMont Regional Medical Center

Direct Admission Process

To streamline care for patients needing direct admission to CaroMont Regional Medical Center and the CaroMont Hospitalist Program, please use the following process:

1. Contact the Physician Connection Line at 704.834.4374.
2. The Hospital Shift Manager will coordinate a call between the Referring Provider and the Hospitalist.
3. The Hospitalist will discuss the patient's condition with the Referring Provider and determine if the patient is appropriate for admission.
4. The Bed Resource Manager will provide the Referring Provider or staff a bed assignment.
5. The Referring Provider or staff will provide the patient the Direct Admit Form and instruct the patient to report to the Registration Area located on level B near the parking deck. The patient will be registered and escorted to a room.
6. Referring Provider or staff fax the patient's most recent visit summary and medication list to Registration at 704.834.3170.

Criteria to exclude direct admits in favor of ED evaluation

In general, any patient requiring urgent intervention and management with potential for ICU admission should be sent to the ED for evaluation. Some examples include:

- Chest pain suggestive of unstable angina or acute myocardial infarction
- Mental status changes or neurological deficits suggestive of acute stroke
- Acute abdomen on physical examination needing emergent imaging study
- Hypertension with systolic BP > 200 or diastolic BP > 100
- Hypotension with BP < 90
- Tachycardia with HR > 120
- Bradycardia with HR < 50
- Hypoxia with oxygen saturation < 88% on RA (or on baseline level of home oxygen)

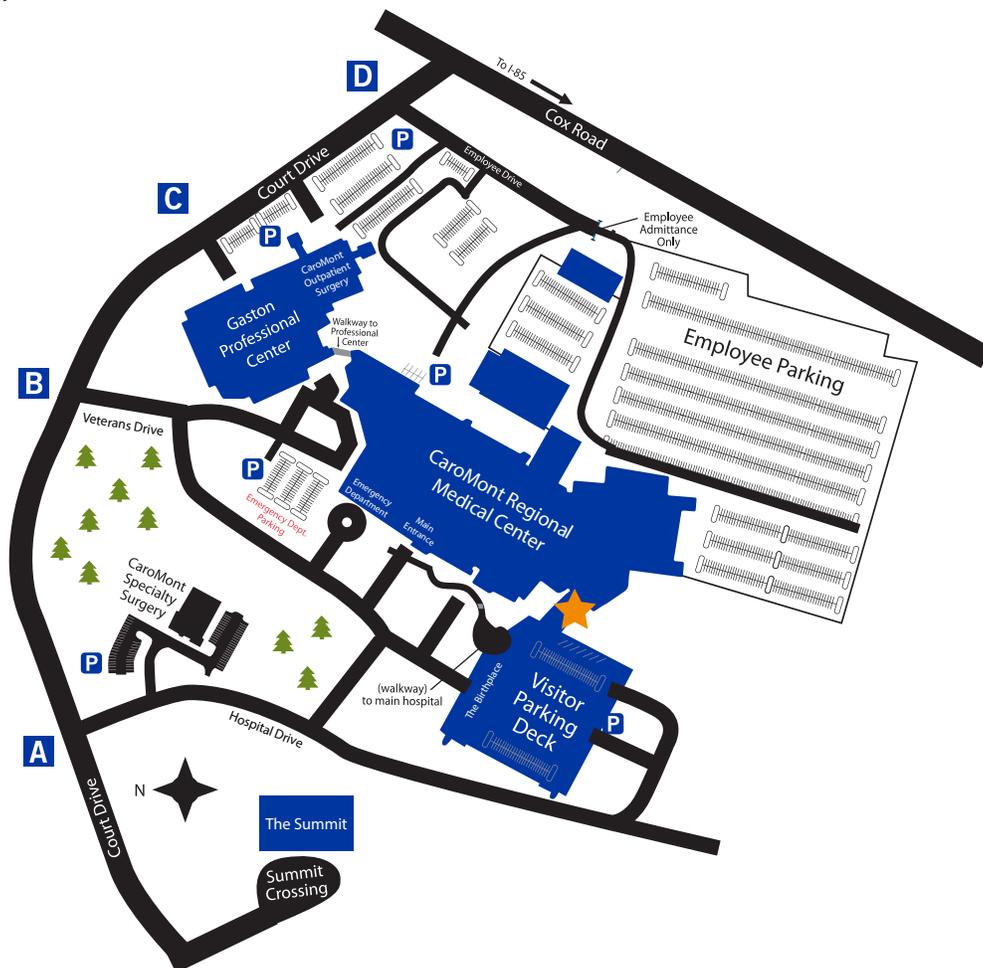


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You are being admitted to CaroMont Regional Medical Center.

Please report immediately to CaroMont Regional Medical Center with this form.

- From Court Drive, turn at Entrance A and follow the signs to the parking deck.
- Proceed to the registration area located on level B.
- **Present this admission form to the staff at the patient registration window on your right.**
Following registration, a care team member will assist you to your room.
- **DO NOT** eat, drink, chew gum, have ice chips, candy or mints prior to arrival.
- **DO NOT** use tobacco products prior to arrival.
- **PLEASE BRING:**
 - Your insurance card.
 - All medications or your medication record.
 - Any physician instructions.



2525 Court Drive | Gastonia, NC 28054
704.834.2000 | caromonthhealth.org